



Issue # 144

15 Mar 2026



St. Joseph's Syro Malabar Catholic Church, Tampa

5501 Williams Rd, Seffner, FL - 33584

[www.SJSMCC.church](http://www.SJSMCC.church)

DEAR SJSMCC,

FROM ACHAN'S DESK

As we enter into the **second half of the Great Lenten Season**, the Church invites us to deepen our spiritual journey. This sacred time is moving quickly, and soon we will be engaged in important moments such as the **Annual Lenten Retreat**, the Feast of St. Joseph, and the solemn celebrations of Holy Week.

These days are not simply events in our calendar, but opportunities for renewal and grace. **I encourage every member of our parish to take this time seriously and prepare our hearts through prayer, fasting, and acts of charity.**

Let us slow down, reflect on our lives, and return more closely to the Lord. May these remaining days of Lent help us grow in faith and lead us to celebrate the joy of Easter with renewed hearts.

God bless you all.

Thanks & Regards

**FR. JIMMY JAMES**

**(VICAR, SJSMCC)**



**SJSMCC PTA**

**PROUDLY PRESENTS**

**ANNUAL TALENT**

**COMPETITION 2026**

**WHEN : SATURDAY MARCH 14 2026**

**ALL CHILDREN IN GRADES PKG-12 ARE ELIGIBLE TO PARTICIPATE**

**COMPETITION ITEMS**

**MEMORY TEST**

**COLORING A PICTURE**

**PENCIL DRAWING**

**SINGING**

**BIBLE STORY TELLING**

**SPEECH**

**ESSAY WRITING**

**TIME : 9.00 AM  
TO 4.00 PM**

**Discover Your  
Inner Talents!**

*Each of you should use whatever gift you have received to  
serve others, as faithful stewards of God's grace in its  
various forms (1Peter 4:10)*

# OOT TUTHIRUNNAL

Feast of St. Joseph

22  
MARCH



Every year we celebrate the feast of our Patron Saint, and families generously come forward to support the celebration as Presudentis. If you would like to be a Presudenti, kindly contribute **\$100**. Thank you for your support!

[Please click here to pay using ParishOnNet](#)

**OR**

[Pay by Check / Cash / Zelle \(Treasury.sjmcctampa@gmail.com\)](mailto:Treasury.sjmcctampa@gmail.com)

**The feast day of St. Joseph is on March 19, and we will be celebrating the feast on March 22.**

# GREAT LENT 2026

## Schedule



03/13

### 4 Friday of Lent

07:00 PM. Holy Qurbana & Way of the Cross

ST. THOMAS FAMILY UNIT

03/20

### 5 Friday of Lent

07:00 PM. Holy Qurbana & Way of the Cross

BL. KUNJACHAN FAMILY UNIT

03/27

### 6 Friday of Lent

07:00 PM. Holy Qurbana & Way of the Cross

YOUTH & CCD



St Joseph's Syro-Malabar Catholic Church, Tampa, Florida



## Saint Joseph

*Patron Saint of fathers, families, workers*

*Bible does not have any words spoken by Saint Joseph.*

# CCD News & Events

### QUOTE FROM POPE LEO XIII

*"Whereas Adam and Eve were the source of sin which was unleashed on the world, Joseph and Mary are the summit from which holiness spreads all over the earth."*

**Feast Day: Mar 19** - St. Joseph's Day / Solemnity of St. Joseph



**Bible Verse for the week:**

Mark 8:36. What good is it for someone to gain the whole world, yet forfeit their soul?

**Sunday Reading:**

Gospel of Mark 8:31-9:1

## UPCOMING EVENTS

- MARCH 14 - CCD TALENT COMPETITION

*Foundations of Faith Class for teachers and parents: Continues after English mass at 12:30 in Conference Room.*

# FOUNDATIONS of FAITH

*A Journey Through the Catechism  
of the Catholic Church*

SJSMCC is proud to announce a new course for teachers and parents: Foundations of Faith, A Journey Through the Catechism of the Catholic Church.

Foundations of Faith: A Journey Through the Catechism of the Catholic Church is the ultimate way for your parish or small group to encounter the wisdom of the Catechism and deepen your understanding of the Catholic Faith. It is the ultimate way to encounter the wisdom of the Catechism and deepen your understanding of the Catholic Faith. Led by renowned educators such as Edward Sri, Jeff Cavins, Dr. Marcellino D'Ambrosio, Fr. Mike Schmitz, and others

*When?*

20 sessions of 30 minute videos followed by discussion. After English mass on Sundays starting at **12:30pm**, You can come to as many sessions as you can.



CLICK HERE





# LEADERSHIP Program

**SJSMCC Senior Club**

Training Program for High schoolers

*(This program is not open to those who completed Youth Leadership in 2024.)*Limited Seats **25**Program Fee **\$20**

Location

**YOUTH ROOM  
SJSMCC TAMPA**

Program Lead by

- **Mr. Thomas Thottukadavil, DTM** (973) 725-0915
- **Sr.Dr.Philomina Joseph MSMI** (813) 380-5314
- **Dr. Babu Joseph** (813) 817-9446
- **Mrs. Maria Thomas, CC** (973) 699-7285
- **Dr. Babu Mani** (972) 491-7489
- **Mr.Jaison Dominic, CC** (813) 507-5810

DTM - Distinguished Toastmaster. CC- Competent Communicator.

Register using ParishOnNet

**Click  
or  
Scan**

## 8 DAY WORKSHOP



### Expert Instructors

Learn from industry leaders and practical knowledge to the workshop.



### Interactive Sessions

Engage in dynamic, hands-on activities that allow you to apply what you learn in real-time.

Questions Call

**(973) 725-0915**

Senior Club of SJSMCC is excited to bring back our unique Leadership Program this year, led by industry experts. We encourage your high schooler to take advantage of this opportunity!





# LENTEN RETREAT 2026

LED BY REV.FR.PAUL VADAKKUMURI,CMI

March  
20,21,22

Friday 20	7PM - 9.15PM
Saturday 21	9AM - 4.30PM
Sunday 22	9.30AM - 12.30PM

“Draw near to God, and  
He will draw near to you”



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# Retreat 2026 Schedule

## Adults

### ● March 20, 2026. Friday

7:00 PM - 7:45 PM

Holy Qurbana

7:45 PM - 8:15 PM

Way of the Cross

8:15 PM - 9:15 PM

Introduction & points for reflection

### ● March 21, 2026. Saturday

9:00 AM - 9:45 AM

Holy Qurbana

9:45 AM - 11:00 AM

Talk 1

11:00 AM - 11:30 AM

Coffee Break

11:30 AM - 1:00 PM

Talk 2

1:00 PM - 2:00 PM

Lunch Break

2:00 PM - 3:15 PM

Talk 3 (Confession 2.00 pm to 4.30 pm)

3:15 PM - 3:30 PM

Coffee Break

3:30 PM - 4:30 PM

Talk 4

### ● March 22, 2026. Sunday

9:30 AM - 11:00 AM

Holy Qurbana

11:15 AM - 12:30 AM

Talk 5

12:30 PM

Concluding note

12:45 PM

Oottu thirunnal lunch

**SJSMCC, TAMPA, PARISH YOUTH**

*Proudly  
presents*

# YOUTH

**EXPLOSION 2026**

**MARCH 21, 2026 SATURDAY &  
MARCH 22, 2026, SUNDAY**

*Join us as young hearts come together to  
celebrate, worship, and ignite their passion  
for purpose.*

**Expect live music, dynamic reflections, and  
unforgettable moments that will spark your spirit**

*By*

**REV FR MAXMILLAN MARY DEAN**

*For more information, contact us:  
SJSMCC Youth*

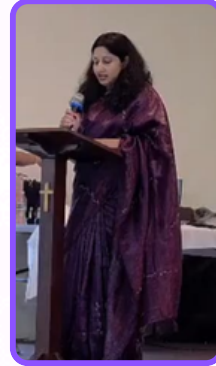
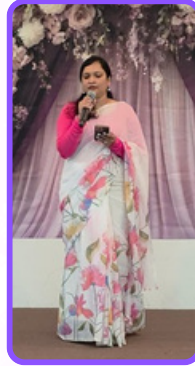
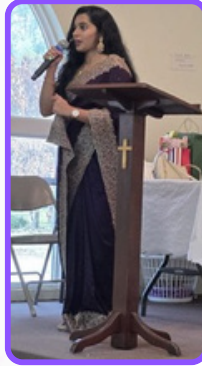


# BIRTHDAY & ANNIVERSARY CELEBRATIONS

*Senior Circle of SJSMCC*



# A DAY OF EMPOWERMENT



Thank you, Women's Forum Committee!



## INTERNATIONAL WOMEN'S DAY

May we know them, may we be them,  
may we raise them.

[Click here for more photos](#)



# Happy Birthday

Hannah Maria Mathew March 11

Jessilyn Mathew March 15



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With Love & Prayers

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Jimmy achan,  
Rev Sisters,  
CCD Teachers & Friends



Happy Anniversary to all couples  
celebrating this week. May your love  
continue to grow in Christ.



# Daily Schedule & Readings

“Everything that irritates us about others can lead us to an understanding of ourselves.” ~ Carl Jung

<b>FRIDAY MAR 13</b>	6:30 pm	Adoration & Confession	Heb 10:1-10
	7:00 pm	Holy Qurbana in Malayalam	
	7.40 pm	Way of the Cross ( St. Thomas Family Unit)	Jn 17:9-19
<b>SATURDAY MAR 14</b>	9.00 am	Adoration & Confession	Rev 3:14-22
	9.30 am	Holy Qurbana in Malayalam	Lk 24:44-49
<b>SUNDAY MAR 15</b>	9.00 am	Adoration	1 Sam 24:1-8
	9.30 am	Holy Qurbana in Malayalam	1 Jn 1:5-10
	11.00 am	Holy Qurbana in English	<b>Gospel: Jn 8:1-11</b>
<b>MONDAY MAR 16</b>	<b>NO HOLY QURBANA</b>		
<b>TUESDAY MAR 17</b>	6:00 pm	Adoration & Confession	1 Pet 3:8-12
	6.30 pm	Holy Qurbana in Malayalam	Mt 5:38-48
<b>WEDNESDAY MAR 18</b>	6:00 pm	Adoration & Confession	1 Thes 5:12-18
	6.30 pm	Holy Qurbana in Malayalam	Mt 18:15-20
<b>THURSDAY MAR 19</b>	6:00 pm	Adoration & Confession	2 Cor 10:3-11
	6.30 pm	Holy Qurbana in Malayalam	Mt 1:18-25
<b>FRIDAY MAR 20</b>	6:30 pm	Adoration & Confession	Heb 9:23-28
	7:00 pm	Holy Qurbana in Malayalam	
	7.40 pm	Way of the Cross (Bl. Kunjachan Family Unit)	Mt 20:20-28
<b>SATURDAY MAR 21</b>	9.00 am	Adoration & Confession	1 Cor 2:1-8
	9.30 am	Holy Qurbana in Malayalam	Mt 17:1-9
<b>SUNDAY MAR 22</b>	9.00 am	Adoration	2 Macc 6:18-31
	9.30 am	Holy Qurbana in Malayalam	1 Pet 4:12-19
	11.00 am	Holy Qurbana in English	<b>Gospel: Mk 8:31-9:1</b>

# ASSIGNED FAMILY UNIT FOR MARCH

ST. MARIAM THRESIA

# BIBLE STUDY READING

MARK 12: 13 - 27

# FAMILY UNIT MEETINGS

FRI  
3/13

ST. EPHREM  
Annam & Shibu Joseph

8:00  
PM

SAT  
3/14

ST. CHAVARA  
Annie Stan

6:30  
PM

# UPCOMING EVENTS

MAR  
14

CCD Talent Competition

MAR  
19

Solemnity of St. Joseph

MAR  
20 - 22

Annual Parish Retreat

MAR  
22

Oottu Thirunnal

MAR  
29

Palm Sunday

APR  
02

Maundy Thursday

APR  
03

Good Friday

APR  
04

Easter Vigil

APR  
05

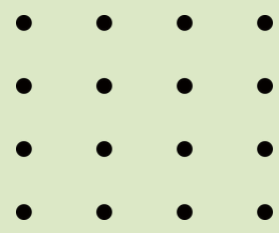
Easter

JULY 27-  
AUG 05

Toastmaster



# CONNECTING OUR PARISH FAMILY



## Our Editorial Team

### Executive Leadership Team:

- Fr. Jimmy James - Vicar
- Mathukutty Malaickal - Trustee
- Sebastian Thomas - Trustee
- Lalichan George - PC Secretary

### Design Team:

- Geethu Antony
- Ramya Phelippose - PC Member
- Shiji George
- Tom Venad

### Content Governance Team:

- Sr. Mesmine Mathew - PC Member
- Sr. Philo Jose - CCD Asst. Principal
- Dr. Babu Joseph - CCD Principal

## Stay Connected

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 Trustees : [trustees@sjsmcc.church](mailto:trustees@sjsmcc.church)  
 Secretary : [secretary@sjsmcc.church](mailto:secretary@sjsmcc.church)

### Address:

5501 Williams Rd,  
 Seffner, FL - 33584

Follow us on social media:



## Introduce Your Family

We invite you to introduce your family so that our parish community may know you better and grow together in fellowship



## Join Our Parish Communication Groups

WhatsApp:



Email:

