



Issue # 143

8 Mar 2026



St. Joseph's Syro Malabar Catholic Church, Tampa

5501 Williams Rd, Seffner, FL - 33584

www.SJSMCC.church

Dear SJSMCC,

From Achan's Desk

As we reach the halfway point of the **Season of Great Lent**, it is a good moment for each of us to pause and reflect on our spiritual journey. Are we truly preparing our hearts for the grace of **Holy Week**? Has this sacred season helped us grow deeper in faith and closer to the Lord?

The Church reminds us that the **Season of Great Lent** stands on three important pillars: **Prayer, Fasting, and Almsgiving**. Through prayer we deepen our relationship with God. Through fasting we learn **self-discipline and spiritual renewal**. Through almsgiving we share God's love with those in need.

Let us use the remaining days of this holy season with renewed commitment. May our prayer become more sincere, our sacrifices more meaningful, and our charity more generous.

May this time of **spiritual preparation** transform our hearts and lead us to a deeper experience of Christ as we approach Holy Week.

God bless you all.

Thanks & Regards

Fr. Jimmy James
(Vicar, SJSMCC)



Night Vigil Adoration



First Friday Night Vigil - March 6th

- Holy Mass @ 7:00 PM followed by Way of the Cross (Led by St. Chavara & St. Alphonsa FU)
- Silent Adoration & Confession (till 8.45 pm) followed by benediction & final blessing at 9.00 pm

COME SPEND TIME WITH OUR LORD!

GREAT LENT 2026

Schedule



3 Friday of Lent

03/06

07:00 PM. Holy Qurbana & Way of the Cross

St. Chavara & St. Alphonsa Family Units

4 Friday of Lent

03/13

07:00 PM. Holy Qurbana & Way of the Cross

St. Thomas Family Unit

5 Friday of Lent

03/20

07:00 PM. Holy Qurbana & Way of the Cross

Bl. Kunjachan Family Unit

6 Friday of Lent

03/27

07:00 PM. Holy Qurbana & Way of the Cross

Youth & CCD



St Joseph's Syro-Malabar Catholic Church, Tampa, Florida

REMINDER



THE CLOCKS
spring forward
THIS SUNDAY

MARCH 08, 2026 @2 AM

Don't forget to set your clocks forward one hour



CCD

News & Events

FAVORITE QUOTE:

"Prayer is the breath of the soul; without it, we cannot live a true Christian life."

FEAST DAY: JUNE 6

Saint Mariam Theresia
1876 - 1926

Saint Mariam Theresia is the founder of the Congregation of the Holy Family.

Discover the Life of Mother Mariam Theresia

[WATCH VIDEO](#)



Bible Verse for the week:

Mathew 5:30 " And if your right hand causes you to sin, cut it off and throw it away. It is better for you to lose one part of your body than your whole body to go into hell. "

UPCOMING EVENTS

- MARCH 14 - CCD TALENT COMPETITION

Foundations of Faith Class for teachers and parents: No class this week because of Parish Council Meeting.



LET'S SHOW THE SPIRIT OF SJSMCC

COME & CHEER FOR OUR 5 TEAMS



SATURDAY MARCH 7, 2026, 9:00 A.M.
SACRED HEART KNANAYA CATHOLIC FORANE CHURCH

Elementary Team

Abel Jossy
 Alphonse George
 Daniel Joy
 Dylan Noble
 Jaiden Mathew
 MikhaeYL Abraham Aneesh
 Ryan Edward

Middle School Team A

Abel George
 Adon Prince
 Emmanuel Bishin
 Ethan Antony
 Jonathan Antony
 Samuel Joy

High School Team

Aiden Alosious
 Alwin Johnson
 Benjamin James
 Daniel Davis
 David Johnson
 Denzel Joseph
 Dewin Zacharias
 Nithin Mampilly
 Thej Saji

College Team

Aaron Paul
 Daniel Joseph
 Evin Roji
 Ignatius Martin
 Job Subramanian
 Mervin George
 Ron Thomas

Middle School Team B

Adrian Mankidiyan
 Aiden Prince
 Andrew Bijoy
 Don Davis
 Jerald Mathew
 Nevin Alexander

MEN'S FORUM CRICKET FINAL

CONGRATULATIONS !!



WINNERS

St.Alphonsa-BI.Kunjachan Strikers



RUNNERS-UP

Trinity Strikers



A heartfelt thank you to the Women's Forum team for their spirited snack sales—fueling the passion on the pitch!

Women's Day Celebration 2026

SUNDAY | 8 | Church
12.30 - 2.30 PM | MARCH | Mini-auditorium

- Get Inspired by a special talk by **Dr Renjitha Ignatious**
- Play fun-filled games
- Dress Theme: **Purple | Gold | White**
- Shop our **Fundraiser** Seconds Sari Sale
- **Contact:** Reena Martin (8138487407)
Anju Mathews (8138164756)

Come and be part of a spirit-filled
and uplifting afternoon – all are
warmly invited!



SJSMCC PTA



PROUDLY PRESENTS

ANNUAL TALENT

COMPETITION 2026

WHEN : SATURDAY MARCH 14 2026

TIME : 9.00 AM TO 4.00 PM

ALL CHILDREN IN GRADES PKG-12 ARE ELIGIBLE TO PARTICIPATE

COMPETITION ITEMS

MEMORY TEST

COLORING A PICTURE

PENCIL DRAWING

SINGING

BIBLE STORY TELLING

SPEECH

ESSAY WRITING

**DATE CHANGE
NEW DATE IS MARCH 14**

**SCAN THE QR CODE TO
REGISTER NOW**



YOUR PARAGRAPH TEXT

**Registration Ends
March
7th**

**Discover Your
Inner Talents!**

*Each of you should use whatever gift you have received to
serve others, as faithful stewards of God's grace in its
various forms (1Peter 4:10)*



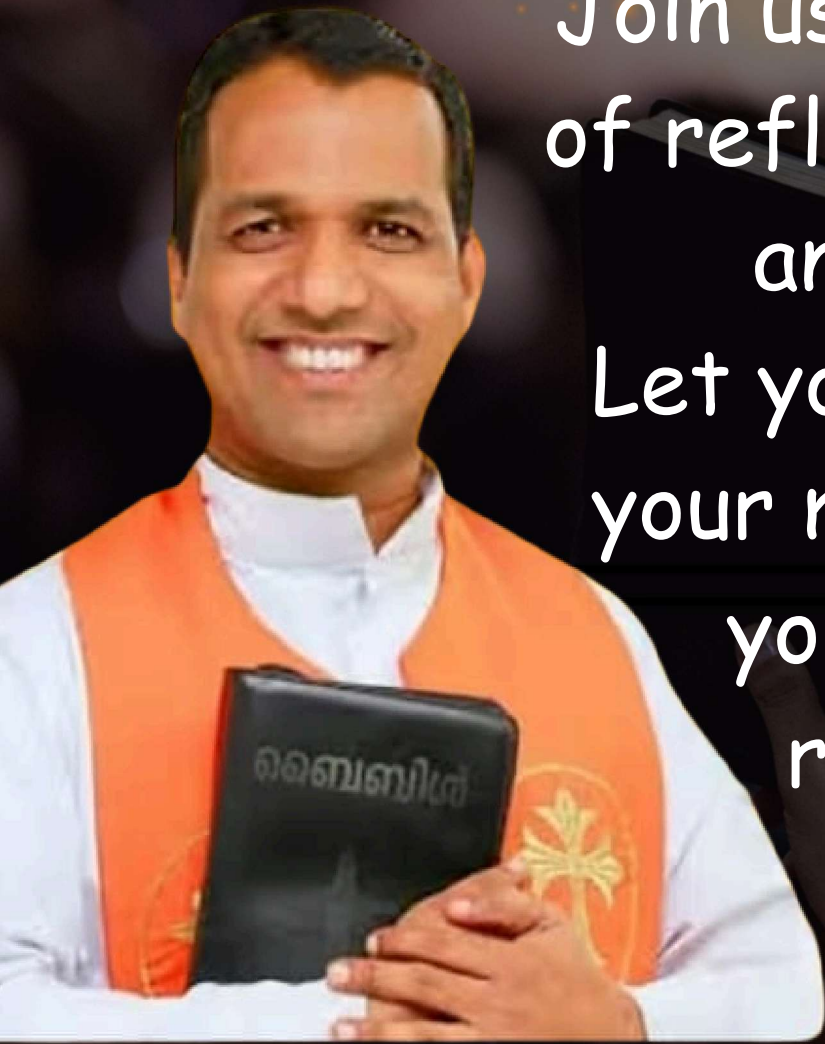
PRAYER RETREAT

Adults

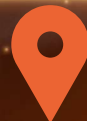
FR. PAUL VADAKKUMMURY

Join us for a weekend
of reflection, worship,
and renewal.

Let your heart rest,
your mind clear, and
your spirit be
refreshed.



March 20-22 (FRI-SUN)



St. Joseph's Syro Malabar Catholic Church

5501 Williams Rd, Seffner, FL 33584

SJSMCC, TAMPA, PARISH YOUTH

*Proudly
presents*

YOUTH

EXPLOSION 2026

**MARCH 21, 2026 SATURDAY &
MARCH 22, 2026, SUNDAY**

*Join us as young hearts come together to
celebrate, worship, and ignite their passion
for purpose.*

**Expect live music, dynamic reflections, and
unforgettable moments that will spark your spirit**

By

REV FR MAXMILLAN MARY DEAN

*For more information, contact us:
SJSMCC Youth*

Happy Birthday

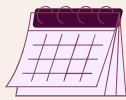
Emilyn Maria Gary March 2
Andrew Sebastian Bijoy March 4

With love & Prayers
Jimmy achian,
Rev Sisters,
CCD Teachers & Friends

**HAPPY ANNIVERSARY TO ALL COUPLES
CELEBRATING THIS WEEK. MAY YOUR LOVE
CONTINUE TO GROW IN CHRIST.**



** Birth dates are picked from CCD students who have shared birthdate on ParishOnNet



Daily Schedule & Readings

“The more one does and sees and feels, the more one is able to do.”

~ Amelia Earhart

FRIDAY MAR 6	7:00 pm	Holy Qurbana in Malayalam	2 Cor 9:11-15
	7:40 pm	Way of Cross (St. Chavara & St. Alphonsa Family Units) followed by silent adoration & confession till 8.45 pm & final blessing at 9.00 pm	Lk 12:29-34
SATURDAY MAR 7	9.00 am	Adoration & Confession	2 Cor 6:14-7:1
	9.30 am	Holy Qurbana in Malayalam	Lk 8:42b-48
SUNDAY MAR 8	9.00 am	Adoration	2 Sam 12:1-7; 13-17
	9.30 am	Holy Qurbana in Malayalam	2 Tim 2:22-26
	11.00 am	Holy Qurbana in English	Gospel: Mt 5:27-32
MONDAY MAR 9	NO Holy Qurbana		
TUESDAY MAR 10	6:00 pm	Adoration & Confession	Heb 12:14-17
	6.30 pm	Holy Qurbana in Malayalam	Lk 11:33-41
WEDNESDAY MAR 11	6:00 pm	Adoration & Confession	Rev 3:1-6
	6.30 pm	Holy Qurbana in Malayalam	Mk 10:46-52
THURSDAY MAR 12	6:00 pm	Adoration & Confession	1 Thes 4:1-8
	6.30 pm	Holy Qurbana in Malayalam	Lk 5:12-16
FRIDAY MAR 13	6:30 pm	Adoration & Confession	Heb 10:1-10 /
	7:00 pm	Holy Qurbana in Malayalam	
	7.40 pm	Way of Cross (St. Thomas Family Unit)	Jn 17:9-19
SATURDAY MAR 14	9.00 am	Adoration & Confession	Rev 3:14-22
	9.30 am	Holy Qurbana in Malayalam	Lk 24:44-49
SUNDAY MAR 15	9.00 am	Adoration	1 Sam 24:1-8
	9.30 am	Holy Qurbana in Malayalam	1 Jn 1:5-10
	11.00 am	Holy Qurbana in English	Gospel: Jn 8:1-11

ASSIGNED FAMILY UNIT FOR MARCH

ST. MARIAM THRESIA

BIBLE STUDY READING

MARK 12: 13 - 27

FAMILY UNIT MEETINGS

SAT 3/7 ST. MOTHER TERESA 6:30 PM
Neethu & Lijoy Cheerangal

FRI 3/13 ST. EPHREM 8:00 PM
Annam & Shibu Joseph

SAT 3/14 ST. CHAVARA 6:30 PM
Annie Stan

UPCOMING EVENTS

MAR 06 First Friday

MAR 08 International Women's Day

MAR 14 CCD Talent Competition

MAR 19 Solemnity of St. Joseph

MAR 20 - 22 Annual Parish Retreat

MAR 22 Oottu Thirunnal

MAR 29 Palm Sunday

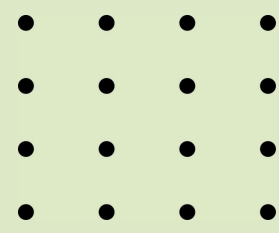
APR 02 Maundy Thursday

APR 03 Good Friday

JULY 27- AUG 05 Toastmaster



CONNECTING OUR PARISH FAMILY



Our Editorial Team

Executive Leadership Team:

- Fr. Jimmy James - Vicar
- Mathukutty Malaickal - Trustee
- Sebastian Thomas - Trustee
- Lalichan George - PC Secretary

Design Team:

- Geethu Antony
- Ramya Phelippose - PC Member
- Shiji George
- Tom Venad

Content Governance Team:

- Sr. Mesmine Mathew - PC Member
- Sr. Philo Jose - CCD Asst. Principal
- Dr. Babu Joseph - CCD Principal

Stay Connected

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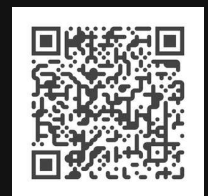
Introduce Your Family

We invite you to introduce your family so that our parish community may know you better and grow together in fellowship



Join Our Parish Communication Groups

WhatsApp:



Email:

